

WINNEWALD DAY CAMP FOOD ALLERGY POLICIES 2021

When a camper has a food allergy, it must be indicated the health form

- The camp health person will speak with the parent
- The parent must provide necessary medications for the allergy; i.e., Benadryl, epi-pen,

Educating Staff

- Camper allergies will be indicated on the group attendance form
- The camp health person is responsible for meeting with staff to discuss food allergies and how to recognize and respond to potential allergic reactions
- Staff must be cognizant of the camp allergy policies as part of planned activities

Food Brought to Camp

- Campers bring their own lunch and snacks to camp
- Food is for the camper only and NOT for sharing with any other camper(s)

Food Provided by the Camp -- A list of food items the camp provides will be posted on Winnewald.com; handouts are available if needed

- Bottled water
- Popcorn on Mondays
- Ice cream on Fridays
- Cookouts
 - Campers A&B: hot dogs, rolls (BJ's brand), Jet Puffed marshmallows
 - Campers C-H: Hot dogs, Pillsbury biscuits, Hanover baked beans, S'mores (marshmallows and Hershey's milk chocolate snack bars). (Campers 9 will have hot dog rolls and watermelon the day after their overnight campout)
- Evening Events - Subject to change or be eliminated due to current NJ Covid food service rules
 - Snack for all groups: Vegetables for dipping, grapes, string cheese, and pizza (purchased from Natale's)
 - Introduction to Overnight Camping and the Overnight Campout: S'mores (marshmallows and Hershey's milk chocolate snack bars)
 - Campers 10-13: Ice cream sundae bar with toppings and whipped cream.
- Snack Machines - none on premises

Parent Responsibilities – Child with allergies

- Inform the Camp of camper allergies in written form on the Health Form, Allergy Action Form, and other pertinent forms which MUST be submitted
- Discuss their child's allergy with the camp health director.
- Check the contents of the snack machines and inform their child what he/she should or should not purchase.
- Be familiar with the analysis of the foods served by the camp and provide appropriate substitute foods for the allergy child; foods will be stored by the camp in a safe location and be made available to the child at the appropriate time.

All Parents Responsibilities – NO FOOD ITEMS WHATSOEVER MAY BE BROUGHT TO CAMP FOR SHARING FOR ANY REASON. Parents may only provide food/snack for their own child/children.

Lunch Policies

- Campers are encouraged to wash their hands prior to eating lunch. Each camper group will be provided with hand sanitizer.
- Campers may not share or trade any food/drink with fellow campers.
- A separate area will be provided for campers with severe food allergies.
- Lunch tables will be cleaned and sanitized after each lunch period.

Trips – Camp food allergy policies will be followed on field trips.

- The camp health person prepares a medical list for campers to be given to the trip leader.
- A binder containing individual camper health forms is taken on the bus.
- Trip leader will carry his/her cell phone.
- Trip leaders are trained in CPR, First aid, and epi pen.
- Parents may participate in the trip if needed.
 - In some cases, after speaking with a parent, the camper may be unable to go on the trip.

Staff (all Winnewald personnel)

- May **NOT** give food as a reward, demonstration, or for winning a contest.